## CAMP SMILE PACKING LIST

All prescription medication (in current prescription bottle)

Any over-the-counter PRN medication (with prescription from doctor indicating dosage)

Underclothing

Shirts

Shorts

Pants (1 pair of long pants is recommended for horseback riding)

**Pajamas** 

Sandals or flip flops

Tennis shoes (You **must** bring at least one pair of "closed toe shoes".)

Socks

Swimsuit (We ask that girls bring one-piece swimsuits)

Rain jacket/poncho

Shampoo/conditioner

Toothpaste & toothbrush

Brush/comb

Deodorant

Soap/body wash

4 towels (bath & beach)

2 wash cloths

Set of twin sheets (2 sets if camper is prone to wetting the bed)

1 blanket or sleeping bag

1 pillow and pillow case

Tote bag or shower caddy (to carry bath supplies to bathroom)

Flashlight

Night light (if camper needs to sleep)

Sunscreen

Bug spray

Dirty clothes bag

Any adaptive equipment used on a daily basis (DAFO's, communication device, special plates, silverware, cups, etc...)

It is necessary to bring enough clothing for a change each day.

We recommend seven (7) outfits for the week-long sessions or four (4) outfits for a weekend session. We only wash "soiled" linens and clothes.

You must also bring your own supply of wipes, diapers, swim diapers and pediasure/ensure, if used by your camper.

## **WHAT NOT TO BRING:**

Please do not bring anything with peanut butter (this includes items that may contain peanuts). Electronic devices are highly discouraged unless used for daily communication, rewards or successful night time routines. Please label everything well! No money is necessary for food; three meals and two snacks per day are provided. However, there will be camp items available for purchase at check in.

## **PLEASE NOTE:**

Campers are expected to bring sufficient supplies of their medication(s), properly identified, with complete directions for usage. Send enough for the camper's entire stay plus several extras. Remaining medication will be returned. Please do not send the ENTIRE prescription. <u>ALL medications must be sent in current prescription bottles</u>. <u>Over-the-counter medications must be in original containers and we can longer give campers over-the-counter medications without a prescription</u>. <u>This includes Motrin, Tylenol, Benadryl, Sudafed, Pepto-Bismol, Maalox, Tums, vitamins, nutritional supplements and natural sleep aides, such as melatonin</u>.