

**CAMP SMILE COUNSELOR  
PACKING LIST**

All prescription medication (in current prescription bottle)  
Any over-the-counter PRN medication (If you take allergy meds, you will need them at camp!)

Underclothing  
Shirts  
Shorts  
Pants (1 pair of long pants is recommended for horseback riding)  
Pajamas  
Sandals or flip flops  
Tennis shoes (You **must** bring at least one pair of “closed toe shoes” for horses and the ropes course.)  
Socks  
Swimsuit (We ask that girls bring one-piece swimsuits)  
Rain jacket/poncho  
Shampoo/conditioner  
Toothpaste & toothbrush  
Brush/comb  
Deodorant  
Soap/body wash  
4 towels (bath & beach)  
2 wash cloths  
Set of twin sheets  
1 blanket or sleeping bag  
1 pillow and pillow case  
Tote bag or shower caddy (to carry bath supplies to bathroom)  
Watch  
Flashlight  
Battery-operated alarm clock  
Sunscreen  
Bug spray  
Dirty clothes bag

**It is necessary to bring enough clothing for a change each day.**

**We recommend seven (7) outfits for the week.**

**We do not wash counselor clothes at camp.**

**WHAT NOT TO BRING:**

Please do not bring anything with peanut butter (this includes items that may contain peanuts).  
Electronic devices such as, cell phones and Ipods are highly discouraged! Cameras are allowed, but you must ask permission from your camper’s parents to take their picture. Any item of value that you bring- you bring at your own risk. No money is necessary for food; three meals and two snacks per day are provided. However, there will be camp items available for purchase at check in. Please do not bring large amounts of money to camp!